

moon water

MENU

SHRUM DRINKS

EVER TRIED MUSHROOM COFFEE BEFORE?

UPGRADE YOUR BASIC COFFEE KICK WITH OUR FUNCTIONAL MUSHROOMS + ADAPTOGEN INFUSED BLENDS FOR ENHANCED MENTAL PERFORMANCE + WELLBEING

[BRAIN WASH]

35

organic dairy-free coffee latte infused with **lions mane** and **chaga mushrooms** for proven focus

enhanced mental | focus energy with half the caffeine | long term positive mood

[ZEN]

35

organic medium roast coffee infused with adaptogens including **ashwagandha** + **eleuthero** to help you find calmness

stabilized stress levels | energy with half the caffeine | long term positive mood

[DEFENSE MODE]

35

protect your immunity year round with **chaga** and **cordyceps**; loaded organic coffee. support your mind and body to feel your best

daily immune health | energy with half the caffeine | long term positive mood

[CACAO DREAM]

35

a caffeine free treat to de-stress and clear your mind. organic unrefined **cacao plus reishi mushroom** for a delicious, undeniably good-for-you hot chocolate

stabilized stress levels | clearer mind | state of calm

MOON MILK

INTRODUCING MOON MILK — YOUR COZY CUP OF CALM. A WARM, VELVETY BLEND OF SOOTHING SPICES, ADAPTOGENS, AND CREAMY MILK, CRAFTED TO MELT AWAY STRESS AND INDUCE DEEP RELAXATION. WHETHER YOU NEED A MOMENT OF PEACE DURING THE DAY OR A GENTLE NIGHTCAP BEFORE BED, THIS ANCIENT AYURVEDIC ELIXIR IS HERE TO NOURISH YOUR BODY AND SOOTHE YOUR SOUL.

[ROSY GLOW]

30

a beauty elixir for radiant wellness - a naturally sweet, creamy blend of earthy **beetroot**, **warming spices**, and **velvety milk**

liver detox | promote glowing skin | better sleep

[GOLDEN STARDUST]

30

indulge in the golden magic of our turmeric latte - a soothing, **anti-inflammatory elixir** crafted with turmeric, cinnamon + black pepper - lightly sweetened with honey

reduce inflammation | support digestion | promote glowing skin

[MOONLIT CACAO]

33

feeling out of sync? it's time to nourish, balance, + unwind with our **hormone balancing cacao moon milk** - a luscious chocolatey blend

hormone balance | stress relief | deeper sleep

[ETHEREAL BLUE]

33

a dreamy, vibrant blue elixir crafted to soothe your mind, balance your body, and ease you into deep relaxation

rich antioxidant properties | supports brain function | state of calm

MATCHA CRAZE

[OG MATCHA]

33

[STRAWBERRY MATCHA]

35

BASICS

[AMERICANO]

21

[CORTADO]

30

[CAPPUCCINO]

30

[FLATWHITE]

30

[ESPRESSO]

20

[TURKISH COFFEE]

19

SMOOTHIES

[GREEN WARRIOR]

40

[BERRY BOTOX]

35

our best seller aids in weight loss, blood detoxification, and increase in iron levels

ingredients: pineapple, kale, banana, coconut milk, spirulina and plant based protein powder

your anti-aging immune booster - full of fresh antioxidants

ingredients: collagen powder, acai, blueberries, strawberries, banana and coconut milk

[DATE ME SHAKE]

40

[LIQUID SUNSHINE]

35

a sweet mix of dates and protein. whether post workout or as a mid-day boost, it's love at first sip

ingredients: banana, dates, almond, almond butter (made in-house clovercell), coconut milk and plant based protein

this bright, hydrating, and energy boosting smoothie also floods your body with some rich vitamin c

ingredients: mango, green apple, orange, pineapple, banana, dates and coconut milk

[COCO BEAST]

40

[SMOOTHIE BOWL]

35

this rich flavored drink is high in protein helping you reach your potential fitness goal

ingredients: banana, cacao, chia, dates, coconut milk and plant based protein powder

a nutrient packed treat filled with fresh fruits, superfood, and granola topped off with a sprinkle of goodness to fuel your body

take your pick between acai bowl or green smoothie bowl

[GREEN MONSTER]

13

[PETER PAN]

15

green and energizing

ingredients: banana, spinach, coconut milk and dates

golden and whimsical

ingredients: banana, mango, carrot, coconut milk and dates

[INCAN WARRIOR]

13

[PURPLE MAGIC]

15

tasty and supercharged

ingredients: beetroot, yoghurt, banana, strawberries and spinach

berry packed and immune boosting

ingredients: banana, blueberries, peanut butter, spinach, oats, coconut milk

GUT FEELING

SWEETENED, FERMENTED TEA WITH A LIGHT FIZZ THAT'S FULL OF FANTASTIC HEALTH BENEFITS

SUPPORTS HEALTHY MICROBIOME + AIDS IN DIGESTION | SUPPORTS IMMUNE SYSTEM | SUPPORTS LIVER FUNCTION BY ELIMINATING TOXINS | AIDS IN METABOLISM + FAT BURNING

[STAR-BERRY KOMBUCHA] 32

strawberry and green tea infused kombucha

[CHAI KOMBUCHA] 32

apple and chai tea infused kombucha

DETOX DRINKS

[CLEAN GREENS] 30

ingredients: cucumber, kale, green apple, lemon and agave

hydration | deep cleanse of internal systems | skin health

[KANGEN WATER] 7

kangen means 'return to origin' in japanese - for more than 40 years, kangen water has been used in japan to help restore the body to its original, alkaline state

[CHARCOAL LEMONADE] 30

ingredients: filtered water, activated charcoal and lemon juice

kidney + gut health | cleanses the blood | skin health

GRAB N' GO

[FRESH FRUITS CHIA PUDDING] 25

[TIRAMISU CHIA PUDDING] 35

[ZESTY GRANOLA] 25

[CARROT CAKE] 30

[BLUEBERRY CHEESECAKE] 32

[CACAO CHEESE CAKE] 32

[PEANUT BUTTER BROWNIE] 30

[CITRUS MACA TRUFFLES] 20

[GOJI CACAO TRUFFLES] 20

[STRAWBERRY CHEESECAKE] 35

[OVERNIGHT OATS] 30

[KALE CHIPS] 30

[SWEET POTATO CHIPS] 30